

## ABSTRACT OF THE DISCLOSURE

A practice device to enable children to simulate skateboarding in a safe manner so the children can practice sliding the practice device on a surface and balancing themselves on the device. The device comprises a center section, a front section and a rear section where the front and rear sections are at an angle to the center section and the bottom surface of the device is entirely smooth to facilitate the movement of the device on a surface. The upper surface of the device has a lowered interior area surrounded by a circumferential ridge.

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